

Your One Minute Halftime Story

Your powerful halftime story can help dozens of other successful people redefine success and pursue significance. Sharing your experiences will validate what others are feeling and help them to make sense of this complex midlife journey. You have the opportunity to cast an extraordinary vision for living a second half dedicated to eternal impact, and that may be the exact encouragement others need to take that first pivotal step toward significance.

Many successful people only have a minute to hear your story. Preparing to share your halftime experience in a concise but compelling manner can make all the difference.

1. Describe in one sentence the feelings you experienced which caused you to pause and wonder if there was more to life than success. _____

2. What dream or passion emerged from your inward journey that energized you to redirect the second half of your life? _____

3. What changes have you made in your life in terms of how you allocate your time and talents?

4. How are you impacting the lives of others today in ways that you never dreamed you could prior to your halftime journey? _____

Using these notes, practice telling your halftime story a few times so that when the opportunity arises, you can use one incredible minute to help a peer catch a vision for a significant second half.